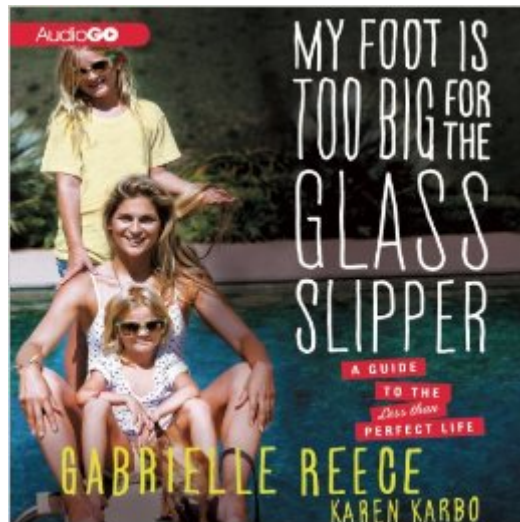


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My Foot Is Too Big For The Glass Slipper: A Guide To The Less Than Perfect Life



Synopsis

Much has happened to Gabrielle Reece since her 1997 bestseller *Big Girl in the Middle*. She's still gorgeous, still 63, and a dominant force on and off the beach, but in the last fifteen years, she's settled down with world-class surfer Laird Hamilton and raised three stunning blonde girls. Her life might seem like a fairy tale from afar, but four years after her picture-perfect Hawaiian marriage to Laird, Gabrielle filed for divorce. In the end, the couple worked it out, but *My Foot Is Too Big for the Glass Slipper* tells the unvarnished and often hilarious tale of the turbulent ups and downs that beset every wife and mother—even the women like Gabrielle who seem to have it all. Reece writes with wicked humor and down-to-earth wit about how she handles the sometimes mind-numbing details of domestic life, and she turns the notion that women can have it all on its head. As Gabby dismantles the notion of happily ever after, she gives readers plenty of concrete takeaways about how to deal. She underscores the notion that you have to make yourself happy before you can make anyone else happy. *My Foot Is Too Big for the Glass Slipper* is an irresistible, hilarious, and helpful portrait of the humor, grace, and humility it really takes to stay sane given the challenges of being a modern wife and mother.

Book Information

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Customer Reviews

I am a 40 yr old full time single father of 2 boys and I work a full time job. I'm also a huge beach volleyball fan and have followed Gabby since I was in high school. This book is incredible. Straightforward and in your face and non apologetic. I loved it. To the biggest point of the book "having it all" I believe Gabby was saying exactly how I feel. I know I can't have it all and I dont

want it all. What I want is "all of it" and by that I mean to accept my situation and to live it to it's fullest potential. The tenth commandment is Thou shall not covet. Wanting it all is coveting at its finest. I believe it was Jewel who once sang that "it's not having what you want but wanting what you have". Whatever your situation is then just own it. If you don't like it then change it. No one else will for you. thank you Gabby for a great book. I will be buying more copies to give as gifts to a few women I know who are still upset that they don't have it all. Maybe your words can finally set them straight. Lol. Specifically I want the woman I love to read the book. She's a very independent and emotionally scarred woman who doesn't trust love. I would move the world for her or just hold her hand when she needs that. I just wish that she could see it. Jeremy

This book came along for me at a great time. I read the entire thing yesterday and highlighted something on almost every page. Gabrielle Reece writes about embracing your own identity fully and bringing that to the roles of wife and mom. I wasn't expecting the chapters about nutrition and exercise, but I appreciated them and found them to be really inspiring and practical. The "submission" thing that has been all over the Internet is more about bringing your whole being into the job you're doing than about subordinating yourself to your husband. I love the idea of forgetting "happily ever after" and instead thinking of the rest of your life as "game on." This is not one of those "celebrity memoirs" that's so clogged down with BS you end up feeling even more separated from your own head and more conflicted about your life than you were before. This book is encouragement to just examine where you are right now and step up your game to handle it with your full and concentrated ability. I think you're just left with the idea that if you jettison the idea of perfect, your own gritty reality can still be pretty awesome.

I gave this book 4 out of 5 stars because the overall views on marriage and motherhood are spot on in my opinion and I love that they are put out there with no holding back. I also liked the practical and nonjudgmental advice on physical activity and nutrition. Even though Gabby Reece is probably eating a ridiculously healthy diet, she doesn't push that on anyone and just gives sound advice for living more healthy without trying to give up anything and get in a solid 30 minutes of exercise more for the mental ability to be a stay at home mom than anything else. That resonates with me on so many levels. Her open and honest assessment of her own marriage and the roles and dynamics of a marriage with and without children are truly right on the money in my opinion and it lends to a sense of inspiration and empowerment. It's the vibe of "you made your bed, now make it the most amazing bed you possibly can, and lay in it". My only gripe is GR's narrative tends to take on a braggish or

boastful tone when she recounts her personal volleyball and modeling careers. I don't think it's meant to come across that way, but it did to me. I thought before I read the book that I admired her for being an athlete, and it turns out I don't admire her at all for that so I don't want to hear about it. I almost stopped reading after the first couple chapters and I'm so glad I continued because the rest of the book really hit home with me and left me immediately texting friends who I wanted to lend it to. I also looked up her personal website for the first time and found more great admissions and insights from her blog posts. I highly recommend this book to anyone who is in a marriage, especially with kids, and doubly so if you are the stay at home Mommy role.

Surfing life, or surfing through life is not as easy as people think. I grew up in So Cal, and am always for support of surfing, and beach volleyball, which is why I bought the book. I am old enough to be Gabrielle's mother, so many of her life lesson's, I have fortunately learned many sunrises ago. I did enjoy this book full of humor and common sense, (or not as common as it should be). I appreciate the fact that she keeps her children rooted in reality and the truly valuable things in life, love of family and God's miracles that are here for all of us to enjoy EVERY day! Nothing beats fresh air and sunshine. i enjoyed the book.

Some consider the message of this autobiography to be anti-feminist, but I disagree. Gabrielle is sharing how she and her family have stayed healthy and together despite the "noise" of outside influences. Thanks, Gabrielle Reece, for telling your story.

Loved this book, as a fan of Gabrielle from years past, I found this easy and interesting to read. I wish I had read this before I got married and divorced, I would have adapted her relationship attitude and been a better person.

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